**Titus Women’s Discipleship Summit**

**30 Days of Devotions**

***“Abide in Me and I in You ... the Key John 15:4*.”**

Day 15

***3****“Elijah was afraid and fled for his life.* ***8****So he got up and ate and drank, and the food gave him enough strength to travel forty days and forty nights to Mount Sinai, the mountain of God.****9****There he came to a cave, where he spent the night. But the Lord said to him, ‘What are you doing here, Elijah?’”* 1 Kings 19:3a, 8-9. (NLT) Please read 1 Kings 19:1-9

Jezebel was out to kill Elijah. Thinking back about what the scriptures reveal to us about Elijah’s life in the previous three-and one-half years, he really had been through a lot. Being a prophet was not a cushy job. Elijah became frightened after learning that Jezebel was out to kill him, it was more than he could manage. Perhaps many of us would be right beside him, headed out of town. Deciding to get out of Jezebels immediate reach, he traveled into the wilderness. By the end of the day he was exhausted, he sat down under a broom tree and prayed that he might die. I tend to think Elijah was physically, emotionally, and spiritually exhausted. He slept and was cared for by an angel who brought him food and water.

Elijah traveled for forty days and nights, approximately 200 miles, to Mount Sinai. Then God asked Elijah this question, *“‘What are you doing here?’”*  It is almost impossible to determine if Elijah prayed before deciding to leave on this long journey, however, it would have been uncharacteristic for him not to do so, given what we already know about his relationship with God. I don’t believe Elijah was thinking clearly. Keeping our eyes on Jesus, keeps us strong and steadfast when the storms come.

Perhaps the circumstances you find yourself in are from bad decisions or not of your doing and you wonder if God even knows or cares. Yes, God knows, in fact He knows when you are sitting down or standing up, He knows the number of hairs on your head, and His thoughts about you outnumber the grains of sand. Yes, He knows, and He cares. **1**

Jesus said, *“‘Look at the birds. They don’t plant or harvest or store food in barns, for your heavenly Father feeds them. And aren’t you far more valuable to him than they are? Can all your worries add a single moment to your life?* **2**

Pray about everything, talk with God and thank Him for hearing and answering your prayers.**3**

**“I Speak Jesus”** <https://www.youtube.com/watch?v=mhykpAudv78>

Prayer

Father, We praise You! We need You! We pray in Jesus Name for Your will to be done. We pray for Your wisdom in this unprecedented time. We ask for Your grace and mercy. Lord, we pray for Your divine intervention in stopping this Coronavirus. We pray for your hand of protection over our families and friends. When we are tempted to be fearful because of what we hear and see on the news media, keep our eyes, ears, and hearts firmly in You, because You Lord have not given us a spirit of fear and timidity, but of power, love, and self-discipline. We cling to you; Your strong right hand holds us securely.**4**

In Your Name Jesus, Amen

**1** Psalm 139, **2** Matthew 6:26-27, Read Matthew 6:19-34. **3** Philippians 4:6, **4** Psalm 63:8