

Titus Women

ALL OF ME FOR ALL OF JESUS

We are women who know the joy of the Spirit-filled life. We live and abide in the love of Jesus, trusting that He is enough to meet every need and satisfy every heart.

Christian Quietness and Confident Peace

Vicki New

The Lord is teaching me that we can have joy and peace even when things are hard when we trust God and turn everything over to Him in prayer.

A week or so ago, I couldn't sleep. There was such a feeling of heaviness, almost an anxiety attack. My heart was so burdened. I got up in the middle of the night, fixed coffee, and curled up in my favorite glory spot. In that chair, sitting with Jesus, a sense of Christian quietness came over me and Jesus started speaking to my heart.

Throughout scripture God assures us of His care, His presence, and that He walks with us daily helping to carry the burdens of our hearts. He tells us to not be anxious or fearful, that He will meet our needs, guard our hearts, sustain us, hold us steady, and that through Him we will have peace, hope, and rest. Our part is to turn everything over to Him in prayer.

Philippians 4:6-7 – *Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.*

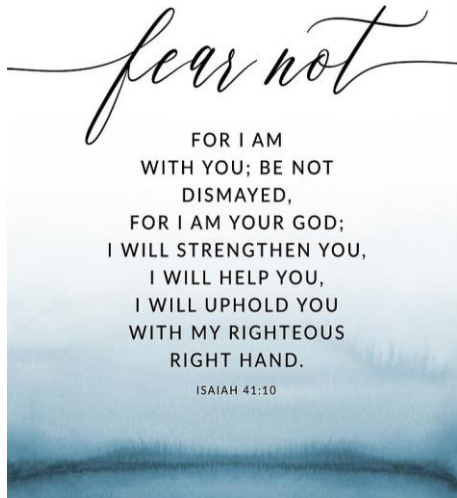
Psalms 68:19 – *Praise be to the Lord, to God our Savior who daily bears our burdens.*

Psalms 55:22 – *Cast your cares on the Lord and He will sustain you; He will never let the righteous be shaken.*

Matthew 11:28-30 – Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.

1 Peter 5:7 – Cast all your anxiety on him because he cares for you.

Isaiah 41:10 – So do not fear, for I am with you;
do not be dismayed, for I am your God.
I will strengthen you and help you;
I will uphold you with my righteous right hand.



Philippians 4:19 – And my God will meet all your needs according to the riches of his glory in Christ Jesus.

John 16:33 – I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world.

Psalms 91:14-15 – ¹⁴“Because he loves me,” says the Lord, “I will rescue him; I will protect him, for he acknowledges my name. ¹⁵He will call on me, and I will answer him; I will be with him in trouble, I will deliver him and honor him.”

Jesus has been speaking to my heart that I don't have to be overwhelmed, burdened, drowning in discouragement, struggling, worrying, or agonizing in anxiousness. But I can give all things to Him in prayer, lay it all at His feet, and go forward in peace, with Christian quietness and unwavering hope.

In his book, *If You Will Ask*, Oswald Chambers states: “The secret to Christian quietness is not indifference, but the knowledge that God is my Father and He loves me. ... With this knowledge, worry becomes an impossibility.”

That's what I want – Christian quietness, joyful hope, confident peace, assurance of God's love, and unwavering trust in Him – “I know He has heard me.”